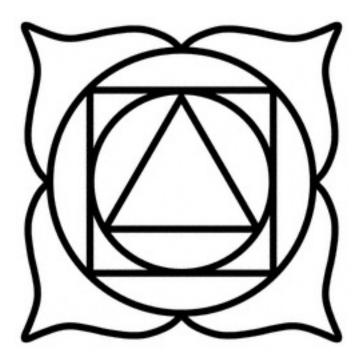
## Question cards

\*Cards marked with #5 are quiz cards for the throat energy center. With each new energy center lesson, your child can add the new question cards to the deck.

	1
Who decides how you use God's energy inside of you? <i>I do!</i> #5	Which energy center is filled with the most power? Throat energy center #5
Which color is the throat energy center? Blue #5	What are some positive ways you can express the power energy center? Kind words, true words, helpful words, I AM prayers #5
Which energy center has sixteen petals? Throat	How many petals does the throat energy center have? 16 petals #5
Which energy center corresponds to the brass section of the orchestra? Throat energy center #5	Which energy center focuses the God-quality of power? Throat energy center #5

What is the key quality of the throat energy center?	What are some tips for controlling your throat energy?
Power #5	Think before you speak, be silent, speak truth. #5
Where does all of our light and energy come from?	
God #5	



Base-of-the-Spine Energy Center

Color, cut out and mount on your body outline.