

Review Activities: Questions for an energy center quiz. Children love to be quizzed, because they love to show you that they know the answers. Fun repetition of simple games leads to mastery of knowledge. If your child is a reader, let him ask you the questions first. This is a powerful way to review the facts before he takes his turn.

*Cards marked with #4 are quiz cards for the heart energy center. These cards can be added to *Your Seven Energy Centers* game deck.

What is the key quality of the heart chakra? Love #4	Who decides how you use God's energy? I do! #4
Which chakra is most associated with love? Heart chakra #4	Which color is the heart chakra? Pink #4
What are some positive ways to express the heart energy center? Love, beauty, kindness and creativity #4	Which energy center has twelve petals? Heart chakra #4

How many petals does the heart chakra have?

Twelve petals

#4

Which energy center corresponds to the musical instrument of the harp?

Heart chakra

#4

Which energy center focuses the God-quality of love?

Heart chakra

#4



Heart energy center to color, cut out and mount on your body outline.