Review Activities: Questions for an energy center quiz. Children love to be quizzed, because they love to show you that they know the answers. Fun repetition of simple games leads to mastery of knowledge. If your child is a reader, let him ask you the questions first. This is a powerful way to review the facts before he takes his turn.

*Cards marked with #4 are quiz cards for the heart energy center. These cards can be added to *Your Seven Energy Centers* game deck.

Who decides how you use What is the key quality of God's energy? the heart chakra? I do! Love #4 #4 Which color is the heart Which chakra is most associated with love? chakra? Heart chakra Pink #4 What are some positive Which energy center has ways to express the heart twelve petals? energy center? Heart chakra Love, beauty, kindness and creativity #4

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How many petals does the heart chakra have?

Which energy center corresponds to the musical instrument of the harp?

Twelve petals

Heart chakra

#4

Which energy center focuses the God-quality of love?

Heart chakra

#4

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Heart energy center to color, cut out and mount on your body outline.