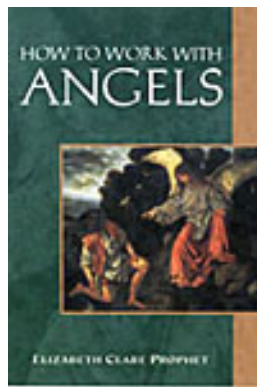


**Book Study Group
Children's Lessons
Based on**

How to Work with Angels

By Elizabeth Clare Prophet and Patricia R. Spadaro

How to Work with Angels gives you a ten-step plan to help you and your children make friends with angels so they can assist you in practical and personal ways--protecting, inspiring, healing and comforting. Each type of angel brings special qualities into your life. The more you work with angels, the more effectively they can help you!



**Lesson Five – Meeting the Angels
(Based on pages 60 to 67)
Angels of Guidance
For Children ages 6 - 10**

Parent/Teacher Preparation: This lesson is taken from *Angels of Guidance*. Set a pace that is comfortable for you and your child, allowing plenty of time to ponder.

Review the chapter before you begin.

Review the lesson, including the activities. Please note that the text of what you can say to your child is in *italics*.

Gather the following materials you will need:

- CD and music (optional)
- Shoebox and clay or cardboard
- Scissors and markers or paints

Set Your Environment:

Pick a time when both you and your child are rested and happy.

Suggested Music:

Try selecting classical music that is calming for both you and for your child. “Intermezzo” from Cavalleria Rusticana by Masgani is good for meditation on Archangel Gabriel. Music associated with the white ray includes drum and Indian tabla music.

Overview of the lesson

- Archangel Gabriel is always there for you if you make the calls to him.
- You have a special work to do in this life. Archangel Gabriel will help you to understand your work and do it.
- Archangel Gabriel will help you organize your life and meet the people who may help you do your special work.
- You can pray to him every day.



Archangel Gabriel is your friend of light. He is there for you when you need him, if you will remember to call to him.

Gabriel's name means "God is my strength." He is the leader of the white angels of God's guidance and purity. His spiritual home or retreat is near Mount Shasta, California. Mount Shasta is a beautiful snow-capped mountain in northern California.



Activity 1: Map

Find Mt. Shasta and Sacramento, California on your world map and place a white marker in between them.

Archangel Gabriel in the Bible

In the book of Daniel, Archangel Gabriel helps the prophet understand the wisdom given to him in his dreams and visions.

In the book of Luke, Archangel Gabriel comes to Mother Mary to tell her that she will be the mother of the Christ.



Birth of Christ in the manger

Activity 2: Gabriel and the annunciation

Get a shoe box or other small box to use for a diorama. Color it and decorate it as a simple room. Make clay or cardboard figurines of Archangel Gabriel and Mother Mary.

Find Chapter 1, verses 26-33 in the Bible. Read it aloud or ask an adult to read it to you. After you have read it or heard it, you may move the figurines of Archangel Gabriel and Mother Mary as you retell the story..

Gabriel continues to come

Muslims believe that it was Archangel Gabriel who appeared to the Prophet Muhammad and dictated the words of the Koran.

He will come to you when you pray to him.

What can I ask him for?

- **To reveal to you God's plan and purpose for your life**
- **Help to create order and discipline in your life**
- **Help to bring you joy and happiness**
- **Help dissolve all discouragement**
- **World service** – Archangel Gabriel helps to keep the peace and helps in times of disasters, especially in helping to distribute food and medical supplies.



How do I ask him to help?

- **Fiat** – You can ask for Archangel Gabriel's immediate help anytime with a short powerful call, using the meaning of his name: **"God is my strength!"**
- **Decree** – You can learn this prayer to be taken to Archangel Gabriel's retreat, or the retreat of any archangel you wish to visit: **In the name of my own Real Self, I call to the angels to take me to the retreat of _____.** (Name any archangel you wish.) **I ask that I be filled with the will of God and I ask _____.** (Ask for any blessing you desire.) **I thank you and accept this done in full power!**
- **Visualization** – When you prepare to go to sleep, visualize the angels coming to take you to the retreat where you wish to go.
- **Daily calls** - The best way to make sure Archangel Gabriel will always be there for you is call to him EVERY DAY.

Activity 3: Archangel Gabriel coloring sheet

(Go to the coloring sheets on angels in [Children's Place](#))