

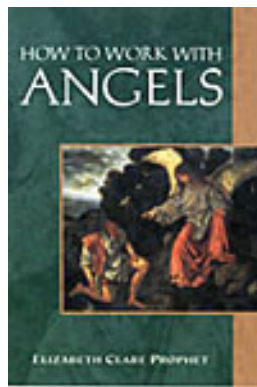
**Book Study Group
Children's Lessons**

Based on

How to Work with Angels

By Elizabeth Clare Prophet and Patricia R. Spadaro

How to Work with Angels gives you a ten-step plan to help you and your children make friends with angels so they can assist you in practical and personal ways--protecting, inspiring, healing and comforting. Each type of angel brings special qualities into your life. The more you work with angels, the more effectively they can help you!



Lesson Five – Meeting the Angels

(Based on pages 60 to 67)

Angels of Guidance

For Children ages 3 - 6

Parent/Teacher Preparation: This lesson is taken from *Angels of Guidance*. Set a pace that is comfortable for you and your child, allowing plenty of time to ponder.

Review the chapter before you begin.

Review the lesson, including the activities. Please note that the text of what you can say to your child is in *italics*.

Gather the following materials you will need:

- CD and music (optional)
- Shoebox and clay or cardboard
- Scissors and markers or paints

Set Your Environment:

Pick a time when both you and your child are rested and happy.

Suggested Music:

Try selecting classical music that is calming for both you and for your child. “Intermezzo” from Cavalleria Rusticana by Masgani is good for meditation on Archangel Gabriel. Music associated with the white ray includes drum and Indian tabla music.

Overview of the lesson

- Archangel Gabriel is always there for you if you call to him.
- You have a special work to do in this life. Archangel Gabriel will help you to understand your work and do it.
- Archangel Gabriel will help you organize your life and meet people who will help you do your special work.
- You can pray to him every day.



Archangel Gabriel is your friend of light. He is there for you when you need him. Remember to call to him!

Gabriel's name means "God is my strength." He is the leader of the white angels of God's guidance and purity.

Archangel Gabriel in the Bible

In the book of Luke, Archangel Gabriel comes to Mother Mary to tell her that she will be the mother of Jesus.



Birth of Jesus in the manger

Activity 1: Gabriel and the annunciation

Get a shoe box or other small box to use for a diorama. Color it and decorate it as a simple room. Make clay or cardboard figurines of Archangel Gabriel and Mother Mary.

Find Chapter 1, verses 26-33 in the Bible. Read it aloud to your child. Act it out with the figurines of Archangel Gabriel and Mother Mary. Your child may choose to work with the figurines and retell the story as often as desired.

Gabriel came to Daniel

In the book of Daniel, Archangel Gabriel helps the prophet understand the wisdom given to him in his dreams and visions.

What can I ask him for?

- **To show you God's plan for your life**
- **Help to create order in your life**
- **Help to bring you joy and happiness**
- **Help take away feelings of being discouraged**
- **World service** – Archangel Gabriel helps to keep the peace and helps in times of disasters, especially to make sure people have food and medical supplies.

How do I ask him to help?

- **Fiat** – You can ask for Archangel Gabriel's immediate help anytime with a short prayer, using the meaning of his name: **"God is my strength!"**

Prayer – **"I AM pure, pure, pure by God's own word!"**

- **Visualization** – When you prepare to go to sleep, visualize the angels coming to take you to the retreat where you wish to go.

- **Daily prayers** - *The best way to make sure Archangel Gabriel will always be there for you is to pray to him EVERY DAY.*

Activity 2: Archangel Gabriel coloring sheet

(Go to the coloring sheets on angels in [Children's Place](#))