

**Book Study Group
Children's Lessons
Based on**

How to Work with Angels

By Elizabeth Clare Prophet and Patricia R. Spadaro

How to Work with Angels gives you a ten-step plan to help you and your children make friends with angels so they can assist you in practical and personal ways--protecting, inspiring, healing and comforting. Each type of angel brings special qualities into your life. The more you work with angels, the more effectively they can help you!



**Lesson Two – Meeting the Angels
(Based on pages 39 to 45)
Angels of Protection
For Children ages 3 - 6**

Parent/Teacher Preparation: This lesson is taken from *Angels of Protection*. This chapter contains important ideas that have been developed into dialog and activities for your child. Set a pace that is comfortable for you and your child, allowing plenty of time to ponder.

Review the chapter before you begin.

Review the lesson, including the activities. Please note that the text of what you can say to your child is in *italics*, or you may use your own words.

Gather the following materials you will need:

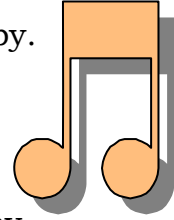
- CD and music (optional)
- Cardboard for making sword and shield with tinfoil to cover
- Colored paper, glue and marking pens

Set Your Environment:

Pick a time when both you and your child are rested and happy.

Suggested Music:

Try selecting classical music that is calming for you and your child. The hymn “Eternal Father, Strong to Save,” by Dykes is the keynote melody of Archangel Michael. “Soldiers’ Chorus” by Gounod is another melody associated with Archangel Michael and his angelic retreat. Music from brass instruments is good for meditations on the blue ray of Archangel Michael.

**Overview of the lesson**

- Saint Michael the Archangel is always there for you if you make the calls to him.
- He helped people in Bible times and he helps people now.
- He will protect you and help you overcome fear. He also works to inspire world leaders.
- You can pray to him every day.



Archangel Michael is your friend of light. He is there for you when you need him. Just remember to call to him!

Michael's name means "Like who is God." He is the leader of the blue angels of protection and the will of God. His spiritual home or retreat is at Banff, near Lake Louise, Canada.



Banff

The holy scriptures of Christianity, Judaism and Islam all tell about the great Archangel Michael. He has been helping people for a very long time! In the Bible there is a story about Joshua and how he fought at the battle of Jericho. As Joshua prepared to fight, the Captain of the Lord's hosts appeared to him. That was Michael, the Archangel!



In another story there were three boys named Shadrack, Mishack and Abednego. They refused to obey the king when he told them they could not follow God's laws. The king wanted to punish them and he put them into a fiery furnace, but Archangel Michael kept them safe and they walked out of the furnace, without even the smell of smoke on them!

Modern day miracles of Archangel Michael's help and protection

Archangel Michael helped people in ancient Bible times, but he is also helping people right NOW!

- ***The true story of Kelly and her friends.***

Kelly and her friends had just learned to give their prayers to Archangel Michael a few weeks before they really needed him. On their way to a church picnic, the teenagers had given the "Traveling Protection" prayer when their car was in an accident with a large truck. Kelly was stuck inside the car and one huge wheel of the truck was over her and she could not breathe.*

Her friend Heather shouted to her to pray to Archangel Michael! Kelly could not speak, but she could whisper a quiet prayer to Archangel Michael. Suddenly the truck lifted and she was able to

roll out. Just then the truck fell once again where she had been!
Kelly's first words after she got free were: "Thank you, Archangel Michael!"

What can I ask him for?

- **Protection** - Archangel Michael will keep you safe.
- **Freedom from fear** – Archangel Michael will help you be unafraid.
- **World service** – Archangel Michael gives holy ideas to leaders in the world and helps them make better governments. You can pray to him to help the leaders of your country.

How do I ask him to help?

- **Prayer** – You can ask Archangel Michael to help you quickly with a very short call to him, **Archangel Michael, Help me! Help me! Help me!**



- * **Prayer** – You can learn this prayer “Traveling Protection,” by heart:
Lord Michael before!
Lord Michael behind!
Lord Michael to the right!
Lord Michael to the left!
Lord Michael above!
Lord Michael below!
Lord Michael, Lord Michael, wherever I go!
I AM his love protecting here!
I AM his love protecting here!
I AM his love protecting here!
- **Visualization** – Each time you give the Traveling Protection prayer, you can imagine Archangel Michael standing before you, behind you, to your right and to your left, above and below you, wherever you go.



Visualize yourself in a helmet and armor of blue steel that will keep you safe in every way.

As you begin to say the prayer, imagine that you are pulling a sword from your heart and you can point it as the words tell you. When the words say, “Lord Michael before!” you point to the front. When you say, “Lord Michael behind!” you point behind you, and so on. Imagine you are aiming your sword in all the directions the prayer names. When you say “Lord Michael, Lord Michael, wherever I go, imagine you are drawing a large circle in front of you. For the last three lines, when you repeat “I AM his love protecting here,” you may clap.

- **Daily prayers** - *The best way to make sure Archangel Michael will always be there for you is pray to him EVERY DAY.*

Activity 1: Archangel Michael’s sword and shield

Make a sword and shield of cardboard and cover with tinfoil. Decorate as desired.

Activity 2: Visit the Archangels’ homes of light as you sleep

Just like you and I have a home we live in, the angels have their own special homes of light. Their homes are called retreats and the retreats are in the heaven world. They are gathering places for angels and schools for our souls. We can go visit these retreats while we sleep.

When you wake up in the morning you may not remember all that you have learned, but you may have wonderful new ideas and feelings from the angels and their retreats.

Special prayer to visit the retreats – *You can learn this prayer to be taken to Archangel Michael’s retreat, or the retreat of any archangel you wish to visit:*

In the name of my own Real Self, I ask the angels to take me to the retreat of _____. (Name any archangel you wish.) I ask that I be filled with the will of God and I ask _____. (Ask for any special blessing you desire.) I thank you and accept this done in full power!

Activity 3: Archangel Michael's coloring sheet

(Go to the coloring sheets on angels in [Children's Place](#))